



GREETINGS FROM OFFBEAT.TRAVEL



Featured Trip: TREK TO EVEREST BASE CAMP

(You have been thinking of it, why not do it this year?)

What's EBC all about?

Everest Base Camp (EBC) Trek is a classic trekking adventure in the foothills of the world's highest mountain, Mount Everest. Trudging along the rugged trails of the Himalayas, decorated with mountains and landscapes, this trek is undoubtedly one of the best walks on earth.

Regarded as the most popular treks in Nepal, Everest Base Camp Trek extends for 15 days. Along the way you'll get to marvel at some of the world's highest massifs, including Mt. Everest, Lhotse, Ama Dablam, Thamserku, Cho Oyu, Pumori, Nuptse and Makalu. The trek combines the glorious glimpses of Himalayas with iconic culture of Sherpas. You'll also get to witness their rustic lifestyle and a taste of their famed hospitality.



Departure: Sat, 11 Sep' 2021 (ex Delhi)



OUTLINE ITINERARY

	Program	Altitude (Meters)	Trekking Duration
1	Arrival in Kathmandu.	1,350	N/A
2	Fly to Lukla (2,840m) and Trek to Phakding	2,610	4 hours
3	Trek, Phakding to Namche Bazaar	3,440	6 hours
4	Rest Day	3,440	N/A
5	Trek, Namche Bazaar to Tengboche	3,860	5 hours
6	Trek, Tengboche to Dingboche	4,410	5 hours
7	Rest Day	4,410	N/A
8	Trek, Dingboche to Lobuche	4,910	4.5 hours
9	Trek, Lobuche to Gorak Shep and Excursion to Everest Base Camp (5,364m)	5,140	7 hours
10	Trek to Kala Patthar (5,643m) and onto Pheriche	4,270	8 hours
11	Trek, Pheriche to Tengboche	3,860	5 hours
12	Trek, Tengboche to Namche Bazaar	3,440	5 hours
13	Trek, Namche Bazaar to Lukla	2,840	6 hours
14	Fly, Lukla to Kathmandu	1,350	40 mins
15	Fly back home	N/A	N/A



Is Everest Base Camp Trek Right For You?

- Everest Base Camp Trek is not a luxurious holiday package. It demands both physical as well as mental preparedness. Therefore, if you have prior hiking experience in the mountains or hilly terrains, you'll be able to complete this trek.
- In the EBC Trek, you will have to walk for about five to six hours every single day. So, if you think you'll be able to take on the challenge for almost two weeks, you'll be able to pull this through. It is advisable to go for small hikes and engage in cardio-related activities to train for the trek.
- Each day, you'll be gaining about 300 to 700 meters elevation in this trek. Make sure your body and mind can cope with the increasing altitude. If you do not have prior trekking experience, it is recommended to go on a lower altitude trek before this adventure.
- During the trek, you will be spending your nights at the local tea houses that offer basic facilities only. The rooms are not comfortable and luxurious, like the hotels around the city area. However, they are relatively clean, cozy, and comfortable.
- The weather in the Himalayas can be unpredictable, especially in the upper reaches of the trek. In worse scenarios, you might have to go through cold weather and snowy conditions on the higher altitudes. Make sure you can cope with such challenges. Additionally, we recommend you pack layers and weather protection, even if you're trekking in the summer season.

Why You'll Love This Trek!

- Experience the adventuresome flight to Lukla Airport, one of the most extreme airports in the world
- Stand at the base of the world's highest mountain — Mt. Everest.
- Take a walk along with the shades of four 8000 meter mountains — Mt. Everest, Lhotse, Cho Oyu, and Makalu.
- Explore the bustling Sherpa capital of Namche Bazaar
- Witness the 360-degree panorama of the world's highest mountains from Kala Patthar
- Marvel at the breathtaking sight of Khumbu Icefall and Khumbu Glacier
- Visit the largest monastery of the Khumbu region at Tengboche and enjoy the surrounding spectacles of the Himalayas.
- Witness the rustic lifestyle and unique culture of Sherpas





📍 EVEREST BASE CAMP & KALA PATTHAR

"I completed EBC trek in year 2019 thanks to a flawless arrangement and pre-departure information given by OFFBEAT.TRAVEL. Everything worked out extremely well and i would strongly recommend them to anyone planning an EBC trek, whether solo, with friends, or in a small group. OFFBEAT.TRAVEL and its local partners left no stone unturned in looking after all the comforts, especially with choice of lodges and local guide".





OFFBEAT.TRAVEL

We are a trip-planner, working exclusively for the discerning traveler. We offer off-the-beaten-path, small group & private adventures to more than 10 destinations. Specialists for 'active' and 'immersive' travel, we aim to bring to forefront the lesser-known places. Our itineraries fall under five categories i.e. **HIKING, WILDLIFE, NORTHERN LIGHTS, CYCLING and EXOTIC** for simply absorbing the local culture & nature at one's own pace, traveling in eco-friendly way and staying in local accommodations.



Join Prabhat for a fortnight as he walks EVEREST BASE CAMP with his friends and co-walkers. Having had a long corporate career in Travel business heading some successful brands for Indian, Swiss and German Travel companies, Prabhat brings with him more than 30 years of rock solid experience that has taken him to 65 countries in 6 continents.

prabhat@offbeat-travel